



## THE VERSATILE TREAT

On-site massage isn't just restricted to the workplace. There are many other locations and events where you might use to show your appreciation, raise money, or get your product or business noticed.

- Fundraisers
- Health Fairs
- Parties
- Shopping Malls
- Sporting Events
- Waiting Rooms



**MASSAGETONICS**

Massage Tonics LLC  
"Please support Local Business"

12649 Memorial Dr. Suite A., Houston, TX 77024  
Phone: 832-998-1688 / 832-472-7373  
Email: [massagetonics@gmail.com](mailto:massagetonics@gmail.com)  
[www.massagetonics.com](http://www.massagetonics.com)  
ME 2960

**THE POWER OF TOUCH**  
**ON - SITE CHAIR MASSAGE**



## JOB WOES

Your job can cause a lot stress on your body. Most of us perform certain tasks throughout the course of the day.

For example: heavy labor such as lifting, carpentry, or welding is an obvious physical stressor, but even the simple repetitive motions called for in duties like typing, answering phones, or computer data entry can cause many problems.

As if that weren't enough, your job can strain your emotions, too.

The face of the American workplace has changed dramatically in recent years. As a result of corporate downsizing, more tasks are performed by fewer workers, adding to an already stressful work environment.

When deadlines are pushing down on you and keeping up with new technologies is overwhelming you, where can you turn for relief?

You may find an answer with on-site chair massage.

## INVEST IN YOUR WELLNESS

Workplace stress results in lower productivity, increased absenteeism, and job-related accidents.

Preventive measures are needed in today's environment of skyrocketing health care costs, businesses are investing heavily in wellness programs in the workplace.

Many companies are finding that on-site chair massage can be an important part of a successful wellness program.

## ABOUT YOUR THERAPIST

Experienced & professionally licensed, insured, screened Massage Therapists.

## WHY ON - SITE CHAIR MASSAGE?

An on-site chair massage:

- Is convenient – the therapist comes directly to you with portable massage equipment.
- Involves no tables, sheets, or oils – your seated massage takes place directly through your clothing.
- Won't disrupt your work day – the massage lasts about 15 to 20 minutes in duration (about the same as a coffee break).
- Is an easy wellness program in which to participate. All you need to do is relax and enjoy!

## EASING YOUR STRESS

Accumulated stress and tension diminishes your energy and vitality.

The rejuvenating effects of a massage in the middle of your workday may surprise you.

The therapist's touch can:

- Invigorate you as it loosens your tense muscles and stimulates your blood circulation.
- Enhance your ability to think and concentrate as the circulation of oxygen-rich blood to your brain and body increased.
- Help you to feel alert, refreshed, and ready to get back to the job.
- Help you to get in touch with your body, educating you about where you store stress and tension and how it affects you.
- Alleviate some of the pain of chronic job-related conditions such as carpal tunnel syndrome. Your massage therapist can address your specific problem areas.

## OUR RATES

- 1 Therapist **\$110.00** per hour (minimum 3 hours)
- 2 - 5 Therapists **\$100.00** per hour, per therapist (minimum 3 hours)
- 6 or more Therapists **\$90.00** per hour, per therapist (minimum 5 hours)

